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Homeopathy and ADHD

Heiner Frei

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HOMEOPATHY - PRECISE AND EFFECTIVE Attention deficit hyperactivity disorder (ADHD) constitutes one of the major challenges of our time. The experienced Swiss paediatrician Heiner Frei has developed Polarity analysis - a highly efficient and systematic approach for the treatment of hyperactive children. This new method is based on Boenninghausen's Therapeutic Pocket Book, using polar symptoms such as amelioration or aggravation as cornerstones of the prescription. Heiner Frei was able to demonstrate the efficacy of this specific homeopathic treatment in ADHD children in a controlled five-year clinical study, which is documented in this book. According to Dr Frei's approach, the disturbances of perception (e.g. visual or tactile) are the most reliable symptoms for case analysis. Their modalities are crucial for the evaluation of the case and they also rule out contraindicated remedies. Heiner Frei is a born teacher. His method is easy to understand and each chapter is followed by concise quizzes with answers. The book contains questionnaires developed for polarity analysis and uses the Conners' Global Index (CGI) as an efficient means to evaluate case progress. There is also a unique materia medica that highlights perception symptoms and their grades with accompanying notes from Hering, Guernsey, Lippe and Hahnemann. Polarity analysis has remarkably quickly become a valuable tool for many practitioners. It shortens the time needed to find the simillimum, achieving an astonishing hit-rate of 75% in children with ADHD. "This book is a must for anyone who treats children with ADD/ADHD, and of great benefit to any homeopath." Ralf Jeutter, Homeopathic Links

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