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1,001 Delicious Soups and Stews: From Elegant Classics to Hearty One-Pot Meals

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A redesigned and reformatted version of a perennial favorite, this fourth edition of *1,001 Delicious Soups and Stews* delights the palate and soothes the soul, no matter the season. The new edition features streamlined recipes focused on swift and simple preparation and recipe classification information to make recipe selection easier. Hundreds of these wonderful recipes can be prepared in 45 minutes or less (special icons identify these dishes), and hundreds more are easily found according to preferences for low-carb, low-calorie, and vegetarian options. All recipes are written in a concise format and use readily available ingredients with a focus on fresh, seasonal foods. No special cooking skills or equipment are required — great one-pot meals have never been easier.

This comprehensive collection features hundreds of recipes from all over the world, including the Americas, the Mediterranean, China, and India. Readers will find everything from old standbys and comfort-classics to bold chilis, chowders, bisques, fruit soups, and chilled soups. Stick-to-your ribs stews make meal planning easy — they're substantial enough to be complete, one-pot meals in themselves, and fast and easy enough for weeknight suppers or elegant dinner parties. Either way, readers will never run out of mealtime ideas again!

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