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Herbs: The Cook's Guide to Flavourful and Aromatic Ingredients

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Herbs: The Cook's Guide to Flavourful and Aromatic Ingredients

Herbs: The Cook's Guide to Flavourful and Aromatic Ingredients
Chopped, torn, snipped, shredded and sprinkled, hers add interest to a whole variety of dishes from soups and summer salads, to warm herby breads, meat, fish, vegetable dishes, desserts, cakes, ices and sorbets. All are covered in Herbs, the ultimate guide to cooking with herbs, with over 150 appetizing recipes, with plenty of imaginative, contemporary dishes as well as traditional everyday favorites. The book also includes a comprehensive directory, listing over 100 herbs, their culinary use and medicinal value, as well as a detailed description of each plant variety. There is practical advice on growing herbs, tips on planting up, a small cook's herb garden, as well as planting a formal, decorative garden. Packed with tips and delicious, flavorful recipes, Herbs is sure to inspire your everyday menu plans.

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