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When Someone You Love Is Depressed: How to Help Your Loved One Without Losing Yourself

Laura Epstein Rosen, Xavier Fancisco Amador

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Although numerous books have been written for those suffering from depresssion, until now not of them has addressed the "secondary" victims of this debilitating disease: the loved ones of the depressed. In this groundbreaking book, the authors discuss how depression affects relationships and explain how to overcome the damage depression can cause within a relationship.

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