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ESSENTIAL OILS

Learn The Best Advice Of ESSENTIAL OILS Today

This book contains proven steps and strategies on collecting your plant materials and how to properly extract the essential oils from it.
If you are an aromatherapy enthusiast and you believe in the healing capabilities of this practice, this book is for you. There are a wide variety of aromatherapy oils that you can purchase off the shelf, but wouldn't you want to learn how to make your own oils yourself?

So now, you won't have to rely on your aromatherapy shops to supply you with your essential oils, because you'll have your own special batches ready at your own disposal in your home. And who knows, if you become really good at it, you might even end up being the one supplying your favorite shops with your own brand of special extracts soon!

Here Is A Preview Of What You'll Learn About Essential Oils...

- The History of Aromatherapy
- Aromatherapy today
- Proper Methods of getting the Essential oils from the plant material
- Understanding the method of Distillation
- Understanding the method of Expression
- Understanding the method of Extraction
- Sweet Orange
- Cinnamon Leaf
- Geranium

- Jasmine
- Lemon
- Sage
- Tangerine
- Citronella Java
- Eucalyptus
- Grapefruit
- Lime
- Tea tree
- Wintergreen
- Clary Sage
- Lavender
- Patchouli
- Spearmint
- Texas cedarwood
- Ylang ylang
- Bergamot
- Clove bud
- Frankincense
- Lemon Grass
- Peppermint
- RosemaryMuch, much more!

Download your copy today!

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Karen Wilson:

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