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Everyday Gluten-Free Slow Cooking: More Than 140 Delicious Recipes

Kimberly Mayone, Kitty Broihier MS RD

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A slow cooker makes it so easy to prepare delicious meals--and now, for the first time, here are 140 simple, scrumptious, and safe recipes developed and tested for anyone who embraces the gluten-free life, or who simply feels it's more healthful to avoid gluten. These dishes offer dozens of satisfying and effortless mealtime solutions for busy families, where celiac disease or gluten intolerance is a concern. Delicious recipes such as Louisiana Crab and Pecan Dip; Apple & Thyme Roasted Chicken; and Vanilla Poached Pears make it easy to “eat healthy,” and are guaranteed to please even the most finicky palate.

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