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Serious Symptoms, Simple Solutions: What to Do When You've Tried Everything Else

FC&A Medical Publishing Editors

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With the invaluable assistance of Dr. Mark Anders, the editors of FC&A have compiled a health book of symptoms and treatments for some of today's most common medical problems.

Find out if your symptoms say you need to see a doctor NOW, if they'll wait until regular office hours, or will just clear up on their own.

Using information pulled from the most recent peer-reviewed journals (research and reviews written by doctors for doctors), this quick reference book will help you understand and respond to your body's cries for help. You'll learn the difference between a heart attack and an attack of heartburn - whether your condition calls for an ambulance or just an antacid.

Even better, The Health Answer Book arms you with the information you need to get well, whether this means making a doctor's appointment or using one of the 600 plus home remedies to heal yourself. You'll also find plenty of tips on preventing such problems again in the future.

With this book at your side, you can translate the signals your body sends you into a longer, happier, healthier life.

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Jean Spence:

A lot of people always spent their particular free time to vacation as well as go to the outside with them friends and family or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, or playing video games all day long. In order to try to find a new activity this is look different you can read a book. It is really fun for you personally. If you enjoy the book which you read you can spent the whole day to reading a publication. The book Serious Symptoms, Simple Solutions: What to Do When You've Tried Everything Else it is very good to read. There are a lot of people that recommended this book. They were enjoying reading this book. In the event you did not have enough space to bring this book you can buy the particular e-book. You can m0ore effortlessly to read this book from the smart phone. The price is not to cover but this book provides high quality.

Kelly Livingston:

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feel happy, fun and chill out. Try to choose the best book for yourself and try to like reading this.

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