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Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Pastel Stripes)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Jonathan Head:

The reason? Because this Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Pastel Stripes) is an unordinary book that the inside of the publication waiting for you to snap it but latter it will distress you with the secret that inside. Reading this book adjacent to it was fantastic author who also write the book in such awesome way makes the content inside easier to understand, entertaining approach but still convey the meaning fully. So , it is good for you for not hesitating having this anymore or you going to regret it. This unique book will give you a lot of benefits than the other book have got such as help improving your proficiency and your critical thinking approach. So , still want to hesitate having that book? If I were you I will go to the reserve store hurriedly.

Barbara Butler:

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Stephanie Sellers:

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