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# Food Science: You Are What You Eat (History of Science)

*Amanda Lanser*

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**Food Science: You Are What You Eat (History of Science)** Amanda Lanser
"This title presents the history of food science. Vivid text details how early studies of nutrition and food chemistry led to today's food safety standards and genetically modified crops. It also puts a spotlight on the brilliant scientists who made these advances possible."--Publisher's website.

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