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*****Includes Practice Test Questions*****

NCETM Secrets helps you ace the National Certification Examination for Therapeutic Massage, without weeks and months of endless studying. Our comprehensive NCETM Secrets study guide is written by our exam experts, who painstakingly researched every topic and concept that you need to know to ace your test. Our original research reveals specific weaknesses that you can exploit to increase your exam score more than you've ever imagined. NCETM Secrets includes: The 5 Secret Keys to NCE Success: Time is Your Greatest Enemy, Guessing is Not Guesswork, Practice Smarter, Not Harder, Prepare, Don't Procrastinate, Test Yourself; A comprehensive General Strategy review including: Make Predictions, Answer the Question, Benchmark, Valid Information, Avoid Fact Traps, Milk the Question, The Trap of Familiarity, Eliminate Answers, Tough Questions, Brainstorm, Read Carefully, Face Value, Prefixes, Hedge Phrases, Switchback Words, New Information, Time Management, Contextual Clues, Don't Panic, Pace Yourself, Answer Selection, Check Your Work, Beware of Directly Quoted Answers, Slang, Extreme Statements, Answer Choice Families; A comprehensive review (varies depending on differences between NCETM/NCETMB exams) including: Nervous System, NCE Testing Tips, Five Element Theory, Acupuncture, Alexander Technique, 3 Doshas, Ayurvedic Massage, Ayurveda - The Basics, Craniosacral Therapy (CST), Lomi Lomi, Lymph Drainage Therapy, Feldenkrais, Myofascial Release, Polarity Therapy, Srotas (Channels In Thee Body), Kundalini, Reiki, Meridians, Shiatsu, Moxibustion, Thai Massage, Tuina, Traditional Chinese Medicine (TCM), Trigger-Point Therapy, Tsubos, Pulse Diagnosis, Esalen Massage, Yin And Yang Theory, Qi, Jing, Blood And Jin Ye: The Body's Vital Substances, Zero Balancing, The 7 Major Chakras, The Twelve Primary Qi Channels, Bindegewebsmassage, Formentations, Orthobionomy, Hellerwork, Milton Trager, M.D., and much more...

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