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Ready or Not!: 150+ Make-Ahead, Make-Over, and Make-Now Recipes by Nom Nom Paleo

Michelle Tam, Henry Fong

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Ready or not, it's a new cookbook from the creators of Nom Nom Paleo, the wildly popular blog, app, and best-selling cookbook!

You know how it is: some days, you're fired up and ready to cook; other days, you dread the thought of making dinner. More often than not, you find yourself floating somewhere between inspiration and desperation. What's a crazy busy (but kind of lazy) home cook to do?

The answer: pick up this book. *Ready or Not* makes healthy Paleo home cooking a breeze, no matter if there's time to prepare or just minutes to spare. Whether you're a fastidious planner or a last-minute improviser, you'll find plenty of deliciously nourishing options, from make-ahead feasts to lightning-fast leftover makeovers. Presented in Nom Nom Paleo's deliriously fun comic book style, *Ready or Not* makes Paleo cooking easy, no matter how much time you have. In fact, this cookbook is organized into color-coded sections to match your readiness level:

- **GET SET!** First, stock your kitchen with essential building blocks--from store-bought necessities to D.I.Y. ingredients that'll set you up for anytime cooking.
- **READY!** Got time to cook? Turn to these recipes for make-ahead meals and spectacular dishes like Pressure Cooker Bo Ssäm and Strawberry Almond Semifreddo!
- **KINDA READY!** Learn how to transform pantry staples and leftovers into impromptu meals that'll satisfy the most discriminating palates.
- **NOT READY!** Emergency meals can be delicious, too. In this section, you'll find super-fast recipes like savory stir-fries and sheet pan suppers.

Along with colorfully written and gorgeously photographed step-by-step recipes presented in a cheeky cartoon format, *Ready or Not* features kitchen hacks, Paleo ingredient guides, meal plans, shopping lists and more!

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