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Comprehensive Manual Therapy for the Lumbar Spine on DVD

Dimitrios Kostopoulos PT PhD, Konstantine Rizopoulos PT FABS

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Watch world-renowned experts apply the latest techniques to effectively treat injuries and ailments to the lumbar spine. ***Comprehensive Manual Therapy for the Lumbar Spine DVD*** establishes a foundation for learning by detailing the anatomy, physiology, and pathology of this specific region.

The user-friendly DVD format, utilizing audio narration and professional insight, is the ideal way to successfully understand and immediately apply these techniques in a clinical environment.

Following this discussion, demonstrations of each technique are presented along with practical tips for treating the lumbar spine. These demonstrations help rehabilitation professionals build confidence in applying these techniques to their patients. More importantly, they enhance the ability to evaluate and select appropriate treatments for a variety of disorders.

Lumbar Topics Include:
• Herniated Disc-Radiculopathy
• Sprains and Strains
• Lumbar Spinal Stenosis

Comprehensive Manual Therapy for the Lumbar Spine DVD delivers the latest treatment options for the lumbar region in an effective format that encourages active participation and fosters learning. This is the ideal resource for today's rehabilitation professional to keep pace with the possibilities that are emerging.

*Please not that there is no chapter selection option.

One of four in a new comprehensive manual therapy DVD series, the rehabilitation professional will benefit from a variety of treatments covered inside each specific DVD. Inside each DVD learn about Trigger Point Therapy, Myofascial Stretching, Muscle Energy Technique, Mobilization-Manipulation, and Neuro-Fascial Mobilization.

Additional DVDs include:
Comprehensive Manual Therapy for the Cervical and Thoracic Spine DVD
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