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Acadiana Table: Cajun and Creole Home Cooking from the Heart of Louisiana

George Graham

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Grab a seat at Acadiana Table and explore a cuisine and culture filled with flavor.

In this 125-recipe, beautifully photographed regional cookbook, Louisiana native George Graham welcomes home cooks and food lovers to the world of Cajun and Creole cooking. The Acadiana region of southwest Louisiana, where this unique cuisine has its roots, is a journey into a fascinating culinary landscape. Filled with many of the standard dishes expected in a Louisiana cookbook, *Acadiana Table* also includes brand-new recipes, techniques, and an exploration into the culture, geography, and history of this distinctive area. Fans of Louisiana are sure to love this cookbook, even if they've been cooking Creole and Cajun for years.

Book chapters include:

- First You Make a Roux

- Sunrise in Acadiana

- Simmering Black Pots

- A Little Lagniappe on the Side

- Farm Fresh

- The Cajun/Creole Coast

- If it Flies, It Fries

- Meats and the Mastery of the Boucherie

- Sweet Surrender

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