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Hector Y. Adames, Nayeli Y. Chavez-Dueñas

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Advancing work to effectively study, understand, and serve the fastest growing U.S. ethnic minority population, this volume explicitly emphasizes the racial and ethnic diversity within this heterogeneous cultural group. The focus is on the complex historical roots of contemporary Latino/as, their diversity in skin-color and physiognomy, racial identity, ethnic identity, gender differences, immigration patterns, and acculturation. The work highlights how the complexities inherent in the diverse Latino/a experience, as specified throughout the topics covered in this volume, become critical elements of culturally responsive and racially conscious mental health treatment approaches. By addressing the complexities, within-group differences, and racially heterogeneity characteristic of U.S. Latino/as, this volume makes a significant contribution to the literature related to mental health treatments and interventions.

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