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Fifty Is the New Fifty: Ten Life Lessons for Women in Second Adulthood

Suzanne Braun Levine

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Fifty Is the New Fifty: Ten Life Lessons for Women in Second Adulthood Suzanne Braun Levine
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An inspiring guide to maximizing creativity and happiness in the second half of life

Suzanne Braun Levine follows her groundbreaking *Inventing the Rest of Our Lives* with fresh insights, research, and practical advice on the challenges and unexpected rewards for women in their fifties, sixties, and seventies. Rich with anecdotes, this book captures the voices of women who are confronting change, renegotiating their relationships, and discovering who they are now that they are finally grown up. Levine's own warm, wise, and humorous voice make this guide encouraging, enriching, and empowering.

50 Is the New Fifty is about survival, joy, and camaraderie, and it proves that fifty is its own wonderful stage of possibilities and promise.

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