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Repair Your Life: A Program for Recovery from Incest & Childhood Sexual Abuse (New Horizons in Therapy)

Margie McKinnon, Marjorie McKinnon

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Rhythm recovers the natural rhythm you had before the incest happened, the blueprint that is the essence of your true nature, becoming who you really are.

Therapists' Acclaim for *REPAIR Your Life*

"Thank you Marjorie and God bless you for adapting this program for our survivors to follow. You have given survivors hope to continue on their healing journey."
-Donna Gustafson, Executive Director, Sunrise Center Against Sexual Abuse

"Anyone wanting to recover from the life-long trauma of childhood sexual abuse will benefit from this book."
-Marcelle B. Taylor, MFT

"This program just has to work, because whether intuitively or through research, Marjorie McKinnon has assembled a highly effective program of recovery."
-Bob Rich, PhD

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