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Making Peace with Herpes: A Holistic Guide to Overcoming the Stigma and Freeing Yourself from Outbreaks

Christopher Scipio

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Making Peace with Herpes is the most thought-provoking and original book ever written on the subject of herpes. Christopher Scipio started off as a victim of the virus and transformed himself into one of the most experienced holistic practitioners who treats herpes in North America. He is an outspoken advocate of treatment without drug therapy". While it is a subject that many people would rather avoid, Scipio points out that 60% of the sexually active population in North America has either herpes simplex 1 or 2. "70% of the people who have it either don't know they have it, won't admit they have it or are not treating it," Scipio explains "For some people having herpes can make you feel like a leper. There are no public fundraisers or celebrity spokespersons championing the cause of herpes. In fact you would be hard-pressed to get anyone to admit in public that they have 'the gift.' " "The good news and the ironic news is that herpes is one of the easiest diseases to manage naturally. There is absolutely no need for drug-therapy for herpes. This book isn't just about how to have fewer outbreaks or how to stop having outbreaks; just doing that isn't enough to be healthy. This book is about holistically healing your herpes and living a healthy, happy and balanced life. Holistic health is about much more than making symptoms go away." Making Peace with Herpes is a must read for everyone. Whether you have herpes, are in a relationship with someone with herpes or you just want to educate yourself on the worlds fastest growing pandemic; it's a self-empowerment guide of the first order.

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Marie Guinn:

The book untitled Making Peace with Herpes: A Holistic Guide to Overcoming the Stigma and Freeing Yourself from Outbreaks contain a lot of information on it. The writer explains her idea with easy approach. The language is very easy to understand all the people, so do not necessarily worry, you can easy to read the idea. The book was compiled by famous author. The author will take you in the new period of time of literary works. You can actually read this book because you can continue reading your smart phone, or program, so you can read the book inside anywhere and anytime. If you want to buy the e-book, you can open their official web-site and order it. Have a nice read.

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