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Sick is an Attitude: Living WELL With Diabetes

Annie Keys

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Sick is an Attitude: Living WELL With Diabetes

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Sick is an Attitude: Living WELL With Diabetes Annie Keys
Living "well" is so much better than merely living "with" Diabetes. Annie was diagnosed as a Type I Diabetic when she was10 years old. Now, after living well for 50 years as an insulin dependent, this author gives personal insight into how to live a fulfilling and active life as a Diabetic. Annie is NOT a doctor, NOT a health care professional; she is simply a person who tells about how to live well from her personal experience. Her writing has humorous life antidotes and includes personal insight, LOTS of practical information and encouragement. If you are, or know of, a person with Diabetes, this book will be a great read.

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