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Allergies, Disease in Disguise: How to Heal Your Allergic Condition Permanently and Naturally

Carolee Bateson-Koch

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Allergy is generally misunderstood. Left untreated it can lead to serious degenerative disease. Asthma, migraines, arthritis, ulcers and obesity have all been linked to allergy. Fatigue, irritability, body aching, digestive problems, and other vague ailments are typical of allergy. Dr. Bateson - Koch provides insight into why allergy is becoming more common, how it relates to environmental factors, food additives, diet, digestion, body chemistry, addiction, yeast, molds, parasites and childhood illnesses - and why enzymes are the key to healing. Following her program, you won't have to give up your pet, get allergy shots, rotate foods, keep diet diaries or cook allergy - free recipes for the rest of your life. You will not only recover and enjoy an allergy - free life, you will gain invaluable understanding of health and well - being.

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writer use to explain it is easy to understand. Typically the writer made some study when he makes this book. Honestly, that is why this book acceptable all of you.

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