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Practical Horse Massage: Techniques For Loosening And Stretching Muscles

Renate Ettl

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"**Practical Horse Massage** puts massage techniques and stretching exercises into perspective and is easy to learn."--*Alaska Horse Journal*

"If you've ever thought that massage or stretching could benefit your horse, **Practical Horse Massage** is an easy, but thorough read."--*Horse Illustrated*

"Well illustrated with color photographs, the author leaves nothing to chance and makes sure the reader will understand the various massage procedures by using pictures as well as text instructions."--*The Northwest Horse Source*

This book provides a complete introduction to horse massage, with easy-to-learn techniques and exercises. It is a book for everyone who wants to help their horses to relax and regenerate after competitions or long rides.

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