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A Positive Dynamics: A Systemic Narrative Approach to Facilitating Groups (Basic Texts in Counselling and Psychotherapy)

Margaret Henning

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A Positive Dynamics: A Systemic Narrative Approach to Facilitating Groups (Basic Texts in Counselling and Psychotherapy) Margaret Henning
This is a practical manual for group facilitators, informed by extensive experience. Grounded in a firm psychological evidence base, it focuses on the concrete practicalities of how to make groups vehicles for success, whether in achieving therapy or self-development, in optimising team function or in achieving specific organisational tasks.

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