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Vegan Slow Cooker: Top 45 Inexpensive Vegan Slow Cooker Recipes-Life is Simpler And Healthier With No Meat! (Vegan Slow Cooker, Vegan Slow Cooker ... Recipes, Vegan, Vegan Diet, Vegan Cookbook)

Marie Richler

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Slow cooker aren’t just for stewing big hunks of meat: you can make delicious, healthy vegen crock pot recipes too!

Fall and winter are the perfect seasons to pull out your giant, somewhat clunky counter top slow cooker / crockpot and try out some new recipes. These 45 Vegan Slow Cooker Recipes provide a great, healthy-delicious place to start. Have you always wanted to start the vegan diet but you feel like you do not have the time and budget? Well, this book will help you get rid of those doubts and start the vegan diet now! All you need is a reliable slow cooker and you are set! The vegan diet does not have to be expensive at all, especially if you are determined and resourceful. That is why the first part of this book will help you out in planning vegan meals using inexpensive and widely available ingredients. The next eight chapters of this book contains delectable, easy, and budget-friendly slow cooker vegan breakfast, snack, appetizer, soup, stew, vegetable, bean, grains, side dish, tofu, and seitan dish recipes, and even vegan desserts! There is no better time than now to enjoy the benefits of the vegan diet and the convenience of preparing healthy homemade foods.

Here Is A Preview Of What You'll Learn...

- Tempeh Sausage Crumbles
- Almond and Cherry Granola
- Spicy Buffalo Strips
- Bonus: Homemade Vegetable Broth
- Sun-dried Tomato and Olive Polenta
- Vietnamese Noodle Soup
- Curried Cauliflower
- Red Pepper and Spinach Millet Risotto
- Wasabi Barbecue Chickpeas
- Spicy Seitan Tortillas
- Carrot and Pineapple Cake on a Budget
- Lentils with White Wine, Garlic, and Sauteed Spinach
- Much, much more!

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Sean Mills:

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Michael Nunn:

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