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# What Do We Know about Asthma?: Diagnosing and Treating Asthmatic Conditions

*James M. Lowrance*

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Some Statistics including those by the Centers for Disease Control (CDC) state that up to 25-million Americans suffer from asthma. That’s approximately I in every 12 people or about 8.2 percent of the US population. Asthma is more common in women than in men and is also more common among African Americans and Hispanics than in Caucasians. Approximately 3,000 asthma deaths occur in the US each year. It is believed that undiagnosed asthma in a significantly large percent of sufferers in years past was due to less-adequate diagnosing of the disease. Better education on the types of asthma, its causes and related conditions (i.e. Chronic Bronchitis, Emphysema and COPD) is helping to detect more cases earlier, so that treatments can slow progression and improve the symptoms of these common respiratory diseases. As a fellow asthma sufferer and patient advocate, it is my sincere hope that this book helps to educate its readers on this very important medical subject. This book is not intended to be an extensive manual but is intended to contain information most often sought by laypersons on the subject. CONTENTS: CHAPTER ONE My Personal Experience with Adult-Onset Asthma CHAPTER TWO Simplified Descriptions of Asthma and Treatments CHAPTER THREE Risks in Asthma Patients for Developing Future COPD CHAPTER FOUR Medical Research Statistics on the COPD – Asthma Connection CHAPTER FIVE Can Acid Reflux Disease cause Asthma? CHAPTER SIX Understanding Congestive Heart Failure and Cardiac Asthma

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