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Overcoming Drug and Alcohol Problems in Teens and PreTeens (Dr. T's Living Well Series)

Dr. Richard L. Travis

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Completely Updated in December/2016 Teens are suffering under stressors and responsibilities most parents don't understand. They also have an unconscious need, just as most adults do to "medicate' that stress. They just don't have the maturity to know the danger of 'medicating" with drugs and alcohol. Are your teens or pre-teens acting differently? Are they pulling away from you and the rest of the family? This is the book you need to read to understand the powerful dynamic of Drug and Alcohol Abuse in young adults. It is very important to stop drug and alcohol use in your children before it develops into the abuse stage. If you or your parents have suffered from any addictions, then there is a great chance your child will too. Learn about Interventions. Learn about Prevention Methods. Learn about Treatment Methods. Learn how to be a better Parent. This is a must-have book filled with Resources and Knowledge to arm yourself to deal with Drug and Alcohol use in Teens and Pre-Teens. There are also several pages of Apps, Links, and YouTube Videos for your continued search for more knowledge on this very important issue.

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