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Get Up!: I Can't. I Will. I Did... Here's How!

Rodney C. Flowers

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Get Up!: I Can't. I Will. I Did... Here's How! Rodney C. Flowers
Kick Adversity Aside and Come Back Stronger than Ever!
In *Get Up! I Can't. I Will. I Did...Here's How!*, author **Rodney Flowers** delivers a true-life account of his own inspirational recovery from a paralyzing high school football injury in 1993.

Through resilience and unwavering strength, Rodney overcame insurmountable barriers to rise up from his wheelchair and walk tall again.

Get Up! I Can't. I Will. I Did...Here's How!, teaches you empowering life principles that will transform your spirit and motivate you to:

• Bust free from self-imposed shackles that are holding you back
• Let go of limiting beliefs and allow a "can do" attitude to flow through your life
• Awaken to the amazing power you have within to overcome any challenge

*"**Get Up! I Can't. I Will. I Did...Here's How!**, is a testimony of strength, courage and faith. Rodney Flowers encourages you to think positive, never give up and keep working hard towards your dreams. His ability to surpass obstacles, overcome adversity, and rise to his level of success is truly amazing. For all he has done and continues to do to help those around him speaks volumes about his heart! Rodney Flowers is truly an inspiration."*
~ **Peggy McColl**, New York Times bestselling author

"Rodney Flowers is a man who has shown determination, tenacity, and an unwillingness to give up when most of us would have. In spite of the hardship he endured, he did not give up and has not only helped himself but is helping others along his courageous and successful journey. This book is a must read for anybody interested in succeeding in life and rising above near-impossible circumstances."

~ **Judy O'Beirn**, creator & co-author of International bestselling book *Unwavering Strength*

*"When we know something personal about the author of a book, we read their words through the lens of that perception. Try this one on for size: A fifteen year old boy suddenly paralyzed from the neck down. That changes everything and every word that Rodney Flowers speaks to you in **"Get Up."** Indeed, knowing the remarkable truth of his story gives deep meaning to every sentence, because he's the epitome of the difference between 'talking the talk' and 'walking the walk'. His heartfelt, motivating message will take up private residence within, and provide an empowerment you can make use of . . . every day. Read on and be blessed. "*

~ **Little John Behan**, The Ambassador of Gratitude

"I absolutely love this book. It is moving and inspiring in a way that I haven't seen in a long time. The solid and detailed advice is simple and clear to understand (but not easy). This book has my highest recommen-

dation. If you want higher success, buy it now!"

~ **Stephen Whiteley**, Inspirational Man of the Year and author of the award winning book *"Happiness Works! Get Yours Here!*

*"**Get Up! . . .** is one of the best 'how-to' riveting true stories proving, with authentic principles, the idea that your mind is your greatest asset. Rodney Flowers knows YOU CAN because HE DID! His message is crys- tal clear for anyone needing a 'leg up' to go another inch. With deep cer- tainty and wisdom, he declares "Don't Just Do it for You; Do it for Those that Need to See You Do it." We all know inside that nothing says 'YOU CAN' like someone who did! You will see yourself clearly in the 'will and spirit' of Rodney Flowers. This book is a movie waiting to happen."*

~ **Anya Sophia Mann**, International Bestselling Author, Visionary Intuitive Consultant

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From reader reviews:

Malcolm Khan:

Spent a free time to be fun activity to do! A lot of people spent their free time with their family, or their very own friends. Usually they performing activity like watching television, about to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? Might be reading a book could be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the publication untitled Get Up!: I Can't. I Will. I Did... Here's How! can be very good book to read. May be it could be best activity to you.

Mindy Arredondo:

Many people spending their time frame by playing outside with friends, fun activity with family or just watching TV all day every day. You can have new activity to shell out your whole day by reading through a book. Ugh, do you consider reading a book really can hard because you have to bring the book everywhere? It all right you can have the e-book, delivering everywhere you want in your Smartphone. Like Get Up!: I Can't. I Will. I Did... Here's How! which is finding the e-book version. So , try out this book? Let's observe.

Christine Brooks:

Is it an individual who having spare time in that case spend it whole day by simply watching television programs or just telling lies on the bed? Do you need something totally new? This Get Up!: I Can't. I Will. I Did... Here's How! can be the respond to, oh how comes? A fresh book you know. You are thus out of date, spending your extra time by reading in this fresh era is common not a nerd activity. So what these books have than the others?

Helen Widner:

What is your hobby? Have you heard that will question when you got scholars? We believe that that concern was given by teacher with their students. Many kinds of hobby, Every person has different hobby. And you know that little person like reading or as studying become their hobby. You need to know that reading is very important and also book as to be the point. Book is important thing to incorporate you knowledge, except your own personal teacher or lecturer. You get good news or update regarding something by book. Numerous books that can you choose to use be your object. One of them is this Get Up!: I Can't. I Will. I Did... Here's How!.

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