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Wild Awakening: The Heart of Mahamudra and Dzogchen

Dzogchen Ponlop Rinpoche

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Mahamudra and Dzogchen are perhaps the most profound teachings within all of Tibetan Buddhism. The experience of *Mahamudra*, or "great symbol," is an overwhelming sense of extraordinary clarity, totally open and nondualistic. *Dzogchen*, or "great perfection," is the ultimate teaching according to the Nyingma tradition and also represents the pinnacle of spiritual development. These are the two paths that provide practitioners with the most skillful means to experience the fully awakened state and directly taste the reality of our mind and environment. And yet these concepts are notoriously difficult to grasp and challenging to explain. In *Wild Awakening*, Tibetan Buddhist master Dzogchen Ponlop Rinpoche presents these esoteric teachings in a style that reveals their surprising simplicity and great practical value, emphasizing that we can all experience our world more directly, with responsibility, freedom, and confidence. With a straightforward approach and informal style, he presents these essential teachings in a way that even those very new to Tibetan Buddhism can understand.

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