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Own Your Cancer: A Take-Charge Guide For The Recently Diagnosed And Those Who Love Them

Peter S Edelstein

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Dr. Peter Edelstein has learned by listening to his patients and their families--whose lives have suddenly been up-ended by a diagnosis of cancer--that they need a partner to help them navigate their new, complex world. It is critical that cancer patients take charge of their health and "own their cancer" in order to remain in control of this confusing and frightening process. This extremely accessible book is that expert partner, offering a combination of crucial medical education clearly and comfortably explained along with personal guidance gleaned from real patient experiences. In an informed, compassionate, and respectful manner, "Dr. E" translates the challenging medical and psychological issues facing the cancer patient into lay terms, as well as outlining options for "owning" the path ahead. The result empowers patients and their loved ones to take control of their treatment regardless of cancer type or stage, to maintain their independence, and to oversee the processes which will determine their ultimate survival and quality of life.

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