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Losing Your Job & Finding Yourself: Memoir, Myths, and Methods for Inventive Career Transitions

Nancy Brout

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Millions of us feel lost at sea when we lose our jobs or want to change careers.

Explore the despair, recovery, discovery, and triumph that come with losing our jobs, changing careers, and finding work we love. Whether losing your job by layoff or by choice, this memoir and guide offers solace, insights, and actions for navigating an experience that can be traumatic, turbulent, and triumphant. Reading Nancy's story is like having a conversation with a trusted confidant and coach.

How can you lose your job and find work you are meant to do?

Network less. Job hunt online more.

Having landed all of her positions by applying for advertised jobs, Nancy crushes pervasive myths about the "hidden job market" and networking. After 20 years in one company, she conducted four search strategies, discovered work she was meant to do, helped clients gain confidence and find new jobs, and landed in an amazing job of her own.

Conventional wisdom that 80% of jobs are never advertised is long overdue for extinction. At least 40% of new hires are found through online channels, and this is growing exponentially. Professionals who don't use online job boards, social media, and company career sites to generate interviews and offers are missing primary pathways to land their next jobs.

Job seekers get results with Nancy's divergent Sweet Spot Job Search Method and tips on 25 Activities that are more and less effective for self-discovery, job hunting, networking, and finding work you love.

If you are:

- Unemployed after losing a job you wanted to keep
- Considering a career change to find work you are meant to do
- A Hard-to-Define Professional who doesn't fit into a clear vocation

This memoir and guide gives you:

- Comfort, courage, and confidence during a stressful transition
- Inspiration and methods to reinvent your career
- Proven ways to land a job in your sweet spot

According to Dr. Paulette Gabriel, President of Key Leadership, **"Losing Your Job & Finding Yourself** is a rare gift for professionals who want to figure out what's next in their careers. When job loss and turbulence comes with feeling like there's nowhere to go, Nancy's honest and insightful memoir is a beacon for possibility, and a roadmap for how to get to that job that means so much." (From the Foreword)

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Stacy Vincent:

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Patricia Trevino:

Is it a person who having spare time in that case spend it whole day by means of watching television programs or just lying down on the bed? Do you need something new? This Losing Your Job & Finding Yourself: Memoir, Myths, and Methods for Inventive Career Transitions can be the response, oh how comes? A book you know. You are thus out of date, spending your free time by reading in this new era is common not a nerd activity. So what these textbooks have than the others?

Ronald Griffin:

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