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When Eating Right Isn't Enough: The Top 5 Medications to Control Your Type 2 Diabetes

Timothy Church

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Are you struggling to control your Type 2 Diabetes? Is your sugar high despite your best efforts to eat the right foods and exercise? You’re not alone! There are millions of people with Type 2 Diabetes and most of them need the help of medication to reach their goals. In When Eating Right Isn’t Enough: The Top 5 Medications to Control Your Type 2 Diabetes, Dr. Timothy Church, PharmD, reveals the best medication options available to control your disease. In this conversational book, written in down-to-earth language, readers will learn: - The most effective medications that not only control blood sugar but also promote weight loss and have a low risk of causing hypoglycemia. - Simple diet and exercise strategies to help control blood sugar - The dangers and risks of not controlling blood sugar - The answers to the most frequently asked questions about medications and Type 2 Diabetes.

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