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Tobacco or Health?

Knut-Olaf Haustein

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Tobacco or Health? Knut-Olaf Haustein
This book presents a summary of the consequences that tobacco smoking has on health, taking into account all organ systems affected, such as the respiratory tract, cardiovascular system, central nervous system, and urinary tract, including mineral metabolism, the pregnant woman, etc. It also describes primary prevention measures as well as possible intervention modalities, established on evidence-based medicine, to help individuals stop smoking. The book is of a high scientific standard and thus differs from many popular-science treatises. It helps inform the reader of all smoking-related problems.

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